

# Lime-Cumin Vinaigrette



**Plan Z Phase:** This is a Z2 (ZReduction) recipe.

This makes a mild but flavorful dressing to accent anything Mexican or Southwestern. If you want it spicy you can add a dusting of cayenne before blending.

**Servings:** Serves 2. Can be doubled easily.

## **Ingredients:**

- 3 Tbl of oil. I used half olive oil and half grapeseed oil.
- Juice of one lime
- 1/2 tsp of cumin
- A grating of sea salt and a grating of pepper
- 1 tsp of minced garlic

## **Instructions:**

In a small bowl mix with your whisk and you're ready to go. You can also make this in a small blender.

*Note: Serving size in ZReduction is a maximum of two tablespoons.*

Enjoy!

Cheers,