

Spooky Snacks



Plan Z Phase: This is a Z3(ZReboot) recipe.

Here's an idea from the Plan Z kitchen. Use this as Halloween inspiration to create your own deliciously spooky snacks! There are so many ways to spin this. The best part? No candy required.

Ingredients:

- Large bell peppers
- finger-friendly veggies: carrots, cauliflower, broccoli

Instructions:

Wash all your vegetables.

Using a sharp knife, cut a straight line across the top of each bell pepper decapitating it (*insert wicked laugh here*). Clean out the white membranes and seeds. Then cut jack-o-lantern like faces into each bell pepper.

Now, fill each bell pepper with the finger-friendly veggie of your choosing!

Looking for something a little more exciting for adults? Why not

stuff these peppers with guacamole or spinach and artichoke dip?

Enjoy!

Cheers,